

2009 Snack Menu

October/November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corn Flakes ^{10/26} Milk	Pita ^{10/27} Homemade Sundried Tomato Hummus Milk	Cheerios ^{10/28} Milk	Scrambled Eggs ^{10/29} OJ-C	HM Cream of Rice ^{10/30} Mandarin Oranges-C Milk
Vanilla Yogurt Blueberries-C Water	Homemade Vegetable Chili- A, C^^ Water	Homemade Fruit Smoothies-A,C* Organic Graham Crackers Water	Breadsticks HM Organic White Bean Dip Milk	Homemade Pumpkin Cranberry Bread-A Water
Organic Rich Crackers Banana Chips Water	Oyster Crackers Dried Mango Water	Trail Mix^ Water	Animal Crackers Raisins Water	Hard Pretzels Prunes Water
Rice Crispies ^{11/2} Milk	Organic Apples ^{11/3} Milk	HM Whole Grain French Toast HM Simple Syrup Milk	Homemade Cinnamon Oatmeal-A ^{11/5} Milk	Cottage Cheese ^{11/6} Orange Slices-C Milk
Cheese Quesadilla Salsa- A, C Water	Homemade Blueberry Banana Bread-C* Water	Homemade Vegetable Soup-A, C Water	Club Crackers Pineapple-C Water	Homemade Chick Pea Salad with Corn Water
Butter Crackers Dried Apricots Water	Sesame Crackers Sundried Tomatoes Water	Homemade Granola Bars^ Water	Wheat Crackers Dried Dates Water	Water Crackers Dried Pineapple Water
Branflakes ^{11/9} Milk	Crispix ^{11/10} Milk	Hutch Kids Closed for Veterans Day	Mini Bagels Cream Cheese ^{11/12} Pineapple Juice-C	Homemade ^{11/13} Cottage Cheese Pancakes Milk
Cucumbers-C Carrots-A Homemade Hummus Water	Whole Grain Pasta w/ Tomato- A, C Cheddar Water		Raspberry Yogurt Homemade Granola-A Milk	Organic Graham Crackers Blueberries-C Water
Organic Rich Crackers Banana Chips Water	Oyster Crackers Dried Mango Water		Animal Crackers Raisins Water	Hard Pretzels Prunes Water
Cornflakes ^{11/16} Milk	Organic Potato Medley- A, C Ketchup Milk	Bananas ^{11/18} Milk	Homemade Oatmeal-A ^{11/19} Milk	Cheerios ^{11/20} Milk
Chips Salsa- A, C Water	White Beans Cheddar Squares**** Water	HM Fruit Smoothies-A, C Wheat Thins Water	Tomato Soup- A, C Club Crackers Water	Homemade Honey Polenta Bread^^^ Orange Slices-C Water
Butter Crackers Dried Apricots Water	Sesame Crackers Sundried Tomatoes Water	Homemade Granola Bars^ Water	Wheat Crackers Dried Dates Water	Water Crackers Dried Pineapple Water
Toddler Substitutions: wheat thins= organic graham crackers tortilla chips = soft corn tortilla oranges = mandarin oranges hard pretzels = club crackers			Portion Sizes (per child): fruits/vegetables = 1/2 cup (4 oz.) bread = 1/2 slice bread (4 oz.)	
			HUTCH KIDS CHILD CARE	

*Contains organic bananas
 **Contains organic basil
 ***Contains organic carrots
 ****Hormone free

^Contains organic Kamut
 ^^Contains organic bell peppers
 ^^Contains organic honey